

01 IF YOU ACTUALLY WANT TO SEE THE RELATIONSHIP BETWEEN INDIGENOUS AND NON-INDIGENOUS PEOPLE CHANGE, COMMIT TO MAKING RECONCILIATION A PART OF YOUR EVERY-DAY ETHOS **02** LEARN THE LAND ACKNOWLEDGEMENT IN YOUR REGION. UPDATE YOUR EMAIL SIGNATURE TO REFLECT THE TERRITORY YOU LIVE AND WORK ON **03** PURCHASE AN ITEM FROM AN INDIGENOUS ARTIST. FOR INSTANCE, A DREAMCATCHER OR A PAIR OF EARRINGS **04** DOWNLOAD AN INDIGENOUS PODCAST. MEDIA INDIGENA CAN HELP YOU FIND ONE LIKE RYAN MCMAHON'S RED MAN LAUGHING OR MOLLY SWAIN & CHELSEA VOWEL'S MÉTIS IN SPACE **05** FIND OUT IF THERE WAS A RESIDENTIAL SCHOOL WHERE YOU LIVE. MEMORIZE IT'S NAME AND LEARN SOMETHING ABOUT IT **06** WATCH CBC'S *EIGHTH FIRE* **07** LEARN A GREETING IN A LOCAL INDIGENOUS LANGUAGE **08** REGISTER FOR THE UNIVERSITY OF ALBERTA'S ONLINE MOOC, CALLED "INDIGENOUS CANADA," OR UNIVERSITY OF CAPE BRETON'S "LEARNING FROM KNOWLEDGE KEEPERS OF MI'KMA'KI" FOR FREE **09** LEARN YOUR FAMILY HISTORY. CONSIDER HOW YOUR FAMILY STORY MAY BE PART OF A LARGER SYSTEM THAT SOUGHT TO DISPOSSESS INDIGENOUS PEOPLE FROM THEIR ANCESTRAL LANDS **10** SERIOUSLY CONSIDER YOUR OWN POSITION AS A SETTLER CANADIAN. DO YOU UPHOLD PRACTICES THAT CONTRIBUTE TO THE MARGINALIZATION OF INDIGENOUS PEOPLES? **11** CONSIDER THE LINE BETWEEN CULTURAL APPROPRIATION AND CULTURAL APPRECIATION. LEARN WHY HEADRESSES ARE NOT APPROPRIATE AT MUSIC FESTIVALS AND WHY "SEXY POCHAHONTAS" IS JUST WRONG **12** FIND A BOOK THAT DELVES INTO INDIGENOUS LOCAL HISTORIES. PICK UP YOUR COPY OF DAL READS 2017. DAN PAUL *WE WERE NOT THE SAVAGES* (2006) **13** WHEN DISCUSSING LGBTQ ISSUES, ALWAYS INCLUDE TWO-SPIRITED PEOPLES (LGBTQ2S*) **14** ACKNOWLEDGE THAT AS A NATION, CANADIANS CHOOSE WHICH HISTORIES ARE CELEBRATED AND WHICH ONES ARE ERASED **15** LEARN THE DIFFERENCE BETWEEN INDIGENOUS, ABORIGINAL, FIRST NATION, MÉTIS, AND INUIT **16** SUPPORT LOCAL INDIGENOUS AUTHORS BY PURCHASING THEIR BOOKS. FIND THE INDIGENOUS SECTION AT YOUR LOCAL BOOK STORE OR ASK YOUR LOCAL LIBRARY TO CARRY IT IF THEY DON'T HAVE IT **17** GENTLY COUNTER RACIST OR STEREOTYPICAL COMMENTS WITH FACT-BASED INFORMATION WHETHER YOU ARE AT A PARTY, THE OFFICE, OR THE GYM **18** LISTEN TO INDIGENOUS MUSIC. IF YOU DO NOT KNOW ANY, LISTEN TO CBC'S *RECLAIMED* **19** READ THE TRC. SERIOUSLY. START WITH THE CALLS TO ACTION, THEN THE EXECUTIVE SUMMARY. LISTEN TO IT ONLINE AT #READTHETRC **20** AFTER YOU READ THE CALLS TO ACTION, WRITE TO YOUR MUNICIPAL, PROVINCIAL, AND FEDERAL REPRESENTATIVES AND ASK THEM HOW THEY ARE IMPLEMENTING THEM **21** SEE INDIGENOUS SCHOLARS & INTELLECTUALS SPEAK **22** IF YOU LIVE IN AN AREA WHERE THERE IS A TREATY RELATIONSHIP, READ THE TREATY DOCUMENT **23** DO YOU HAVE ACCESS TO CLEAN DRINKING WATER? YOU ARE LUCKY. ALSO, 'LUCK' REALLY HAS NOTHING TO DO WITH IT; THESE CONDITIONS WERE HISTORICALLY ENGINEERED **24** WHERE WERE YOU DURING IDLE NO MORE? **25** WHEN TRAVELLING, KNOW WHOSE LAND YOU ARE VISITING WHILE ON VACATION OR TRAVELLING FOR WORK **26** IF YOU ARE TALKING ABOUT OR RESEARCHING INDIGENOUS PEOPLES, HAVE YOU INCLUDED ANY OF THEIR VOICES? DO MORE THAN GOOGLE

27 YES, THIS ALL MIGHT SEEM SCARY! KEEP GOING, IF YOU ARE COMMITTED **28** LEARN ABOUT WHY THE OPINIONS OF SENATOR LYNN BEYAK ARE PROBLEMATIC **29** EVER WONDER WHY ONLY ENGLISH AND FRENCH ARE CANADA'S OFFICIAL LANGUAGES WHEN THERE ARE AT LEAST SIXTY INDIGENOUS LANGUAGES IN THIS LAND? **30** REMEMBER THAT GOOD INTENTIONS CAN BE HARMFUL TOO **31** LEARN ABOUT INDIGENOUS PEOPLES' SOPHISTICATED WAYS OF CARING FOR OUR LANDSCAPES TO PREVENT MASSIVE FIRES, FLOODS, AND OTHER NATURAL DISASTERS **32** DID YOU KNOW THAT TWO REMARKABLY SUCCESSFUL HOLLYWOOD FILMS INCLUDED INDIGENOUS ACTORS? WATCH *THE REVENANT*'S MELAW NAKHE'KO AND *WONDER WOMAN*'S EUGENE BRAVE ROCK! **33** WATCH ALETHEA ARNAQUQ-BARIL'S *ANGRY INUK* **34** OBSERVE WHAT IS CELEBRATED AND RECOGNIZED IN THE MONUMENTS, PARKS, AND STREET NAMES IN YOUR CITY. COULD PUBLIC HISTORY BE TOLD DIFFERENTLY? LEARN ABOUT AREAS OF CONFLICT FOR INDIGENOUS PEOPLE SUCH AS CORNWALLIS IN HALIFAX **35** LEARN THE ORIGINAL NAMES OF PLACES AND WHAT PLACES WERE AND ARE IMPORTANT TO INDIGENOUS PEOPLE. HALIFAX IS K'JIPUKTUK (ROUGHLY PRONOUNCED 'CHE-BOOK-TOOK) **36** DISCOVER THE WORLD OF INDIGENOUS BLOGGING. ZOE TODD, ERICA VIOLET LEE, BILLY-RAY BELCOURT, AND CHELSEA VOWEL ARE AMONG THE BEST **37** SUPPORT INDIGENOUS NEWSPAPERS, RADIO STATIONS, SOCIAL MEDIA SITES, AND TV STATIONS, ABORIGINAL PEOPLE'S NETWORK, MI'KMAQ-MALISEET NATIONS NEWS **38** IF YOU READ A NEWS STORY THAT FEEDS INTO STEREOTYPES, WRITE A LETTER TO COMPLAIN AND ASK FOR INDIGENOUS PERSPECTIVES ON LOCAL, NATIONAL, AND INTERNATIONAL NEWS **39** READ THE UNITED NATIONS DECLARATION ON THE RIGHTS OF INDIGENOUS PEOPLES. THE TRUDEAU GOVERNMENT COMMITTED TO IMPLEMENTING IT IN MAY, 2016. FOLLOW-UP WITH THE TRUDEAU GOVERNMENT **40** READ THE INDIAN ACT. RECOGNIZE THAT CURRENT (AND SOMETIMES VEXED) FIRST NATIONS POLITICS ARE GOVERNED BY THE INDIAN ACT **41** READ THE REPORT ON THE ROYAL COMMISSION OF ABORIGINAL PEOPLES **42** LOOK UP AND LEARN ABOUT AN INDIGENOUS ATHLETE. WE HAVE NHL PLAYERS AND OLYMPIANS AMONG THE MIX! **43** LOOK FOR AND SHARE THE POSITIVE STORIES ABOUT INDIGENOUS PEOPLE **44** CITE INDIGENOUS AUTHORS AND ACADEMICS IN YOUR WORK **45** CONSIDER USING INDIGENOUS RESEARCH METHODOLOGIES IN YOUR WORK. LINDA TUHIWAI SMITH'S *DECOLONIZING METHODOLOGIES* (1999) OR SHAWN WILSON'S *RESEARCH IS CEREMONY* (2008) ARE GOOD **46** LEARN WHY THE INQUIRY INTO MISSING AND MURDERED INDIGENOUS WOMEN AND GIRLS IS SO IMPORTANT **47** SEEK OPPORTUNITIES TO COLLABORATE THAT SPAN FORMS OF BOTH INDIGENOUS KNOWLEDGE AND WESTERN KNOWLEDGE **48** SUPPORT AND CELEBRATE THE PERSISTENCE OF LAND-BASED ECONOMIES, SUCH AS THE SEAL HUNT **49** FAMILIARIZE YOURSELF WITH CINDY BLACKSTOCK'S IMPORTANT WORK **50** UNDERSTAND THAT RECONCILIATION IS NOT ABOUT "FEELING GUILTY." IT IS ABOUT KNOWLEDGE, ACTION, AND JUSTICE **ADAPTED FROM CRYSTAL FRASER & SARA KOMARNISKY'S 150 ACTS OF RECONCILIATION FOR CANADA'S 150 | LEARN MORE AT ACTIVEHISTORY.CA/150; DAL.CA/INDIGENOUS**